

SOLO Aquatics Day Camp Summer 2011

www.soloaquatics.com
(650) 851-9091

SOLO Aquatics is a non-profit aquatics organization serving Menlo Park and surrounding communities for 20 years. Solo Aquatics is located at Burgess Memorial Community Pool and Menlo Atherton High School Spieker Pool.

The Program: SOLO is offering six, one-week camps. Camp attendees will learn the fundamentals of two of the fastest growing sports, Swimming and Water Polo. Campers will receive the individual attention necessary to ensure a solid and fun start to a new sport, or to build on their skills in a sport they already love. SOLO has been training champions since 1986. All coaches and counselors are USA Swimming Certified.

Dates: Weeks starting June 13, June 20, June 27, July 11, July 18 and July 25.

Time: Monday to Friday, 9am to 4pm

Where: Menlo Atherton High School Pool, Middlefield and Ringwood, Menlo Park.

Who: Boys and Girls ages 5-12 years, no swimming or water polo experience required.

Daily Activities:

Morning and afternoon pool sessions	Team building exercises
Individual analysis and instruction	Improving stroke technique
Inner tube water polo	Free swim time
Field sports, games and crafts	Stretching techniques

Price: \$330 per week per camper plus a mandatory \$38 USA Swimming fee (once/summer)
(\$125 for June 16-17 partial week option)

Discount: \$25 discount registration complete prior to April 15th *(once/summer/swimmer)*
\$50 discount for current, year round SOLO members *(per week/swimmer)*
\$25 discount for current, year round SOLO members *(for June 16-17 per swimmer)*
All discounts are included/shown during online registration, before the billing page.

Bring: Swim suit, towel, goggles, sunscreen, and rubber soled "deck" shoes or sandals.

Provided: Camp water bottle, shirt, **catered healthy lunch & snacks**, and inner tube.

Enroll: Complete a **SOLO Summer Day Camp 2011** online registration for each Camper on the **Spring/Summer** page at www.soloaquatics.com.

Questions: Contact soloregistration@yahoo.com for Day Camp registration questions.



SOLO AQUATICS
MENLO PARK SWIMMING

